



Please see below guidelines/procedure we must follow on our return to training

- All players and parents are reminded to maintain social distancing before, during and after a training session or match.
- All players must wash their hands before leaving home and on their return home. Please also ensure players bring along their own antibacterial sanitiser for use throughout training and matches (named).
- Players must remain 2 metres apart whenever they are not taking active part in a match or training drill. Players are discouraged from celebrating goals or giving each other high-5s etc.
- All players should ideally have a parent present at all times during training and matches due to coaches not being permitted to attend to an injured player, unless in an emergency.
- Sharing of equipment should be avoided wherever possible, i.e goalie gloves.
- Coaches will ensure balls and bibs are sanitised/washed in between each training session or match.
- Coaches will remove / replace any hand touched equipment during training / match ie balls / bibs / cones /
- Players & parents are reminded that toilet facilities will NOT be available at training and match grounds.
- **Please can all parents make contact with the Club Welfare Officer at ugjfcwelfareofficer@gmail.com if your son or yourself have any Covid symptoms or been in contact with anyone showing any symptoms.**
- Coaches will be keeping an attendance register for all training sessions and matches in order to comply with the NHS track and trace service.

Notes for parents.....

- Please arrive promptly but no earlier than 10 mins prior to your training session
- On arrival, the players will see socially distanced cones laid out for them. Can you please ask your young person to stand next to an available cone to await further guidance from the coaches.
- At the end of the training session, please can I ask that you all disperse as quickly as possible and leave the coaches to pack up any equipment.
- If you have any questions for your coach please email them directly rather than speaking with them on site (if possible) if you do not have their details please contact the club secretary on ugjfcsecretary@gmail.com who will put you in contact with them.